Health and Sport Sciences Department

PROGRAMS

MAJORS
- Community Health
- Exercise Science

MINORS
- Exercise Science
- Health

GRADUATE
- Athletic Training (M.S.A.T.)

About the Department
The Health and Sport Sciences (HSS) Department attracts high-quality students into an environment conducive to learning socially, mentally and physically.

The Exercise Science Program is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

Community Health Major
The Community Health Program facilitates students to be successful public health educators. Throughout the required coursework, students plan, implement and evaluate health programs that are based on assessed needs of target populations and theories of health behavior in the effort to promote and maintain individual and community health. Students also complete a semester-long internship where they apply course material to a practical experience in a variety of settings, including hospitals, non-profit organizations, corporations and government departments. Upon completion of the major, students are eligible to take the Certified Health Education Specialist (CHES) exam to become nationally certified in the profession. Community health education is an interdisciplinary field with growing employment opportunities.

Exercise Science Major
The Exercise Science Program is designed to prepare students for entry-level positions in various health and fitness occupations, or for graduate education in exercise science or other pre-professional health-related disciplines, such as physical therapy, physician assistant and medicine. The program is also designed to prepare students for professional certification by appropriate organizations. The academic foundation of exercise science is in physiology, bioenergetics, and movement anatomy and mechanics, with applications to exercise responses and adaptations, strength and conditioning, sport performance, and disease and injury. Courses include human anatomy and physiology, fitness instruction, exercise physiology, fitness and stress testing, kinesiology, and injury prevention and emergency management. The program requires an internship experience (10 credits) and includes many hands-on opportunities in health and fitness initiatives and scientific research.

M.S.A.T. Program
The Master of Science in Athletic Training (M.S.A.T.) at Salisbury University prepares students for a career as an athletic trainer. Athletic training is a health care profession that involves the prevention, diagnosis and management of active individuals who sustain traumatic or lingering injuries, or develop acute illness or other medical conditions that impair a person’s normal function. Upon graduation from the program, students are eligible for the Board of Certification (BOC) examination and, in most states, must apply for license to practice as an athletic trainer. Courses are delivered in-person and online using an innovative curriculum design that incorporates a variety of instructional modalities. A diverse and immersive clinical education experience provides students with an opportunity to apply their skills to patients of varying ages and abilities.

CAREER OPPORTUNITIES
Students who have graduated from the Health and Sport Sciences Department have become:
- Community Health Educators
- Exercise Specialists
- Graduate Students in Allied Health
- Health Coach
- Patient Educator
- Strength and Conditioning Coaches
- Wellness Coordinator

FACULTY
Chair
- Associate Professor
Brent F. Fedorko, Ph.D.
University of Pittsburgh

Associate Chair
- Associate Professor
Lisa M. Marquette, Ph.D.
University of Pittsburgh

Professors
- Kelly A. Falta, Ph.D.
ATC, LAT, CSCS
Interim Dean, School of Education and Professional Studies
University of Connecticut
- Donna M. Ritenour, Ed.D.
Western Michigan University

Associate Professors
- Grady Armstrong, Ed.D.
New York University
- John J. LaManca, Ph.D.
Florida State University
- Scott A. Mazzetti, Ph.D.
Ball State University
- Brandye D. Nobiling, Ph.D.
Southern Illinois University Carbondale

Assistant Professors
- Deneen Long-White, Ph.D.
Howard University
- Sherry Maykrantz, Ph.D.
University of Maryland Eastern Shore
- Jenny L. Toonstra, Ph.D.
University of Kentucky
- Jessica M. Walter, Ph.D.
Old Dominion University
- Timothy J. Werner, Ph.D.
Virginia Polytechnic Institute and State University

Clinical Faculty
- Abby S. Gibbon, M.S.
Salisbury University
- Meredith Mathlen, Ed.D.
Boston University
- Autumn D. Romanowski, M.A.
University of Maryland College Park

Instructors
- Mimi F. Dean, M.S.
East Stroudsburg University
- Seth Furman, M.S.
Western Illinois University
- Laura M. Marinaro, M.S.
University of Akron
- Heather M. Mazzetti, M.S.
Salisbury University
- Zachary Townsend, M.S.
Salisbury University

CONTACT INFORMATION
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